

CITY OF LEEDS EDUCATION COMMITTEE



CARNEGIE  
PHYSICAL TRAINING  
COLLEGE

ANNUAL  
REPORT

1937 - 1938

# CARNEGIE PHYSICAL TRAINING COLLEGE

## GOVERNING BODY

THE HIGHER EDUCATION AND TRAINING COLLEGE  
SUB-COMMITTEE OF THE LEEDS EDUCATION  
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## ADVISORY COMMITTEE

The Committee is constituted of representatives of the following :—

Association of Directors and Secretaries of Education.	Head Masters' Conference.
Association of Municipal Corporations.	Incorporated Association of Assistant Masters in Secondary Schools.
Association of Principals of Technical Institutions.	Incorporated Association of Head Masters.
Association of Teachers in Technical Institutions.	Leeds Education Authority.
Association of Technical Institutions.	London County Council.
Carnegie Trustees.	National Union of Teachers.
County Councils' Association.	Specialists in Physical Education.
Board of Education.	Training College Association.
	University of Leeds.

# CARNEGIE PHYSICAL TRAINING COLLEGE

## ANNUAL REPORT, 1937-38

### GENERAL

The College has had another successful year. Applications for admission greatly exceeded the number of vacancies and approximately one applicant out of every five was accepted for training.

Since the College was opened in 1933 two hundred and seventy resident students, university graduates and certificated teachers drawn from all parts of England and Wales, have completed the specialised course in physical education. In addition, over fifteen hundred teachers and others have attended vacation courses. The demand for teachers trained at the College continues to exceed the supply, and many former students now occupy appointments under local education authorities as organisers, and in universities and training colleges as lecturers in physical education.

The general physical and academic standard of many of the university graduates who apply for admission to the College is disappointing, for out of a large number of graduate applicants for the session 1937-38 only twenty-seven reached the all-round standard required for admission to the College. On the other hand, the general standard of the applicants from training colleges is improving year by year. There is also a steadily increasing number of certificated teachers who apply for admission to the College, as deferred third year students, after a period of teaching.

On June 3rd, 1938, Mr Kenneth Lindsay, M.P. (Parliamentary Secretary to the Board of Education) opened a new wing to the existing buildings. These additional premises, which consist of a gymnasium, a lecture room,

rooms for remedial gymnastics and research, and a staff room, were urgently required to cope with the steady expansion of the work of the College. The cost of the new buildings has been generously borne by the Carnegie Trustees.

## RESEARCH

Each year since 1934 some specific piece of research has been undertaken by the College. During the year under review experiments have been conducted to ascertain the relationship between diet and training.

The additional facilities and equipment for research now available will enable this branch of the work of the college to be considerably extended. What is now most urgently required is systematic medical direction of all research undertaken at the College. In the past, considerable assistance has been rendered by members of the staff of the University Medical School, and their interest and enthusiasm have been most helpful and encouraging. Such assistance, however, must inevitably be somewhat limited owing to the heavy demands made upon their time and energy by their own duties at the Medical School.

It is customary at the Women's Physical Training Colleges and at the Army School of Physical Training to have the services of a full-time medical officer. The latter is responsible not only for the frequent medical examination of students and the treatment of minor athletic injuries, but also for directing research and possibly for some actual lecturing in hygiene and first-aid. It is felt that so far as the Carnegie College is concerned, research work is at least as important from the national point of view as the training of gymnastic masters. The facilities are now available and the conditions are in many ways ideal for physiological research of a most valuable kind. It is recommended that consideration might be given to the possibility of applying for a grant to the British Medical Association or the Medical Research Council so that this important work might be extended and adequately directed.

## CURRICULUM

The syllabus of training was similar to that outlined in previous reports. More attention, however, was directed to teaching practice and in addition to the actual practice in schools, classes of boys visited the College on two afternoons weekly. In this way it was possible to devote more time to teaching practice than in previous years. The value of this additional practice was most evident at the final examination in teaching.

Co-operation with other bodies continued as in previous years. Without the valuable co-operation of the City of Leeds Training College and the University certain theoretical subjects could not be given to the Carnegie College students. This co-operation, as well as that provided by the Football Association, the Yorkshire County Cricket Club, the Northern Counties Amateur Athletic Association, and other bodies, is greatly appreciated.

Increasing use is made of the film as a medium of instruction and the College now has its own projector. So far, however, only a few films concerning the various branches of physical education are available. It becomes increasingly obvious that the College will have to make its own instructional films. A beginning has already been made in this direction and two short but excellent films—one dealing with gymnastics and the other with athletics—are now available.

## STAFF

Mr R. E. Morgan, B.A., resigned his appointment to become Director of Physical Education at the University of Leeds. Mr Morgan has been succeeded by Mr W. Winterbottom, who is a former student of the Carnegie College.

## FINAL EXAMINATION AND APPOINTMENTS

Of 58 present students and 5 former students who sat for the Final Examination in June, 1938, 56 present students and 4 former students were successful. Of the 270

Carnegie trained teachers working in all parts of the Country, 39 are organisers employed by local education authorities : 27 are lecturers at universities or teachers' training colleges ; 172 are teaching in secondary schools and 32 in elementary schools.

### FOOTBALL ASSOCIATION COURSE

A successful course for football coaches, trainers and players organised in co-operation with the Football Association was held in July, 1938. Over 100 men attended.

### GAMES

During the year teams represented the College in Rugby and Association football, cricket, hockey, athletics, tennis, swimming and water polo. Matches were arranged with neighbouring universities, training colleges, and clubs. Three former students gained international honours in various branches of sport, and the College won the Royal Life Saving Society's Shield for Men's Training Colleges for the second time in four years.

### SOCIAL SERVICE

Present and former students of the College continue to interest themselves in social service. Work was undertaken during the year by former students in various parts of the Country in connection with the training of leaders for Keep Fit classes. Many former students are connected with various youth organisations and present students helped at the Leeds Market District Lads' Club and at the Police Court Mission Home. Two students were also selected to serve on the staff of the Duke of York's Camp at Southwold.

### VISITORS

During the year there have been over four hundred visitors to the College. This number includes large parties of teachers from Leeds and other towns, as well as a party organised by the Industrial Welfare Association. Other visitors came from America, Hungary, and Czecho-Slovakia.

### CONCLUSION

The Carnegie College extensions have been provided at a time when the national demand for highly qualified men teachers of physical education is most urgent, and when intensive research into this branch of education is a matter of national importance. Every effort is being made to meet the national demand in both these respects.

