

CITY OF LEEDS EDUCATION COMMITTEE

Carnegie Physical Training College

ANNUAL
REPORT

1936-37

Carnegie Physical Training College

GOVERNING BODY

THE HIGHER EDUCATION AND TRAINING COLLEGE
SUB-COMMITTEE OF THE LEEDS EDUCATION
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ADVISORY COMMITTEE

The Committee is constituted of representatives of the following :—

Association of Directors and Secretaries of Education.	Head Masters' Conference.
Association of Municipal Corporations.	Incorporated Association of Assistant Masters in Secondary Schools.
Association of Principals of Technical Institutions.	Incorporated Association of Head Masters.
Association of Teachers in Technical Institutions.	Leeds Education Authority.
Association of Technical Institutions.	London County Council.
Carnegie Trustees.	National Union of Teachers.
County Councils' Association.	Specialists in Physical Education.
	Training College Association.
	University of Leeds.
	Board of Education.

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General

The growing national interest in physical education has resulted during the past year in a great increase in the number of enquiries concerning Carnegie College and its work. Applications for admission for the 1937-38 session were greater than ever, the list having to be closed when the number reached 250. Of those 250 applicants, 205 were interviewed between January and March, 1937, and they may be classified as follows :—

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| (a) Third year students (continuous or deferred) | 93 |
| (b) Private students (graduates with the Diploma in Education or the Teacher's Certificate) | 41 |
| (c) One year students (graduates without the Diploma or Certificate) | 71 |

Less than 30 of the 112 graduates (*b* and *c*) interviewed reached the all-round physical standard required for admission to the College. Approximately half the students who were trained at the College during the session 1936-37 already possessed teaching experience varying in length from one to eight years, and of the full complement of 60 students 51 were eligible to receive the Government Grant under the Regulations for the Training of Teachers. Local education authorities again assisted the majority of the students by means of grants or loans.

Curriculum

The syllabus of training was similar to that outlined in previous reports but in view of the national development in physical education more definite instruction was given in recreative exercises and activities suitable for youths and

men. During the year the film as a medium of instruction was found particularly successful in teaching the technique of gymnastics, athletics, games and swimming, and it is hoped that even greater use will be made of this method of instruction in the future.

Co-operation with outside bodies continued as in previous years. The Yorkshire County Cricket Club permitted the use of the Winter sheds for cricket coaching; special courses of lecture demonstrations were given by the Football Association and the Yorkshire Rugby Football Union; and the University of Leeds allowed the use of the Weetwood stadium for athletics on one afternoon weekly during the Summer Term. This co-operation with outside organisations is most valuable, enabling the syllabus of training to be made much more comprehensive.

Boxing and fencing still continue to be voluntary, but in view of the official encouragement which is being given to these activities and of the facilities the College will soon possess it is hoped to make them a definite part of the curriculum.

Medical Supervision and Research

Every student is medically examined twice—once before admission to the course of training and once just prior to the completion of the course. It is considered that the nature of the physical and mental demands made on the student is so exacting that medical examinations should be held more frequently and at regular intervals throughout the course. Medical advice and guidance too would be welcomed in the general planning of the course and in the investigation of the value of certain types of exercises and of training. The training of students is to some extent based on traditional methods and theories, and the need for scientific investigation and guidance becomes more necessary every day if it is to develop along the right lines.

During the past four years a certain amount of medical research has been carried on at the College, but lack of facilities has seriously hampered what should be one of the most important aspects of the work of the College.

The article on "Observations on the Response of the Pulse Rate to Exercise in Healthy Men," published in *The Lancet* of the 21st August, 1937, was the result of one of the experiments conducted at the College. Certain physical efficiency tests designed to assess flexibility, speed, agility, strength, and endurance have been used during the past two years in the examination for the admission of candidates to the College. Further research is being undertaken during the current year.

Staff

There were several staff changes during the year. At the end of the Easter Term Mr. S. Wilson left the Staff to become an Assistant Organiser of Physical Training to the London County Council, Mr. A. D. Munrow, B.Sc., succeeding him. At the end of the Summer Term Mr. S. Goldthorpe left to become Organiser of Physical Training to the Nottingham Education Committee, and he was succeeded by Mr. R. E. Morgan, B.A. Both the new members of the Staff were formerly students of Carnegie College.

Final Examination and Appointments

Of 61 students who sat for the Final Examination in June, 56 were successful. All the students obtained appointments on the completion of their training and there are now 212 Carnegie-trained teachers working in all parts of the country: 27 are organisers employed by local education authorities; 20 are lecturers in university training departments or teachers' training colleges; 11 are working in technical colleges; 122 are teaching in secondary schools and 32 in elementary schools.

Vacation Courses

Two successful courses were held during the Summer vacation. A course for football coaches and trainers, organised in co-operation with the Football Association, was attended by 67 men from the 5th July to the 9th July. From the 6th August to the 20th August the same number attended a refresher course for organisers of physical

training, lecturers in training colleges, and former students of Carnegie College. The refresher course was concerned with modern methods of recreative physical training. During this course a Carnegie College Old Students' Association was inaugurated.

Appointments Obtained by Former Students of the College

As an indication of the various types of appointments obtained by past students, the following list may be of interest.

ORGANISERS OF PHYSICAL EDUCATION TO THE FOLLOWING EDUCATION COMMITTEES :

Barnsley	Gloucestershire	Sheffield
Birkenhead	Halifax	Shropshire
Blackburn	Leeds	Wakefield
Cape Province	Liverpool	Wallasey
(South Africa)	Middlesex	West Sussex
Cheshire	Northumberland	Worcestershire
Chester	Nottinghamshire	York
Devon	Oxfordshire	Yorkshire (N. Riding)
Doncaster	Preston	Yorkshire (W. Riding)

LECTURERS IN PHYSICAL EDUCATION AT THE FOLLOWING UNIVERSITY TRAINING DEPARTMENTS AND TRAINING COLLEGES :

Bangor	King's College,	St. John's, York
Bede	London	St. Luke's, Exeter.
Borough Road	Loughborough	St. Mark & St. John,
Carmarthen	Nottingham	London
Chester	Paarl (South Africa)	St. Mary's, London
Culham	Saltley	Westminster
Goldsmiths	Swansea	Winchester
Institute of Education		

Social Service

Former students are actively interesting themselves in social service: some are training keep-fit classes in various parts of the country under the auspices of the Central Council of Recreative Physical Training; some

are training leaders of voluntary organisations; and others are taking a special interest in the organisation of games and other forms of social service.

During the year under review students helped at the Leeds Market District Lads' Club and at the Police Court Mission Home, and one student was selected to join the staff of the Duke of York's Camp at Southwold.

Conclusion

The additional facilities asked for in previous reports and so urgently needed are now in course of construction. As soon as they are available it will be possible to develop and expand the curriculum so that the College may render a service of even greater national value in the cause of physical education.