

PROSPECTUS



CARNEGIE HALL



COMMON ROOM

Course of Training

The course of training will include the following—

I. ANATOMY, PHYSIOLOGY, AND THE THEORY OF MOVEMENT.

Anatomy and Physiology studied with special reference to those structures and functions of the body, a knowledge of which is essential for the proper understanding of the Principles and Methods of Physical Education. A survey of the various bodily systems leading to detailed study of the physiology and dynamics of muscular activity and to the Theory of Movement. The importance of scientific knowledge by which to judge the soundness of practical procedure and the worth of new developments and adaptations. A study of growth and the growing body. Increase of muscular efficiency through exercises.

2. HYGIENE AND FIRST AID.

Hygiene with special reference to School Hygiene, and General Hygiene to a degree sufficient to qualify for the Diploma of the Institute of Hygiene. First Aid to a degree sufficient to qualify for the Certificate of the St. John Ambulance Society.

3. HISTORY AND PHILOSOPHY OF PHYSICAL EDUCATION.

Some historical study of Physical Education. The Greek ideal, the Middle Ages, the Renaissance and after, the modern conception of Physical Education as exemplified by the practice in various countries.

Course of Training continued

4. GYMNASTICS.

(a) *Theoretical Considerations.*

- (i) General principles of educational gymnastics with special reference to the Swedish System. The relations of gymnastic training with other branches of Physical Education.
- (ii) The classification of exercises according to their effects.
- (iii) The principles of progression and table construction.
- (iv) The principles and methods of conducting gymnastic training—commanding, teaching, class organisation, etc.
- (v) A brief review of different systems of gymnastic training and of recent developments.

(b) *Practical Work in the Gymnasium.*

The Swedish System of Gymnastics, including free standing, rhythmical and agility exercises and the use of apparatus. The purpose of this training is to give personal proficiency and a thorough knowledge of suitable material for school use.

Course of Training continued

5. GAMES AND ATHLETICS.

(a) *Theoretical Considerations.*

- (i) The psychology of play and of the group or team.
- (ii) The Physical values and pedagogical uses of play. The classification of school games.
- (iii) The organisation and conduct of school games and athletics ; methods of teaching and coaching. The lay-out, equipment, and maintenance of playing fields.

(b) *Practical Work.*

Playing and teaching games suitable for the gymnasium, playground, and playing field. Practising and teaching track and field athletics. Duties of Judge, Referee, etc.

6. SWIMMING.

The instruction is intended to qualify the students for the Royal Life Saving Society Silver Medallion, and the A.S.A. Certificate.

7. DANCING.

English Folk Dancing, Country Dancing, Morris Dancing, Sword Dancing, Scandinavian and other National Dances.

Course of Training continued

8. SCHOOL PRACTICE.

Demonstration lessons and actual teaching practice in the schools and on the playing fields of the City. Visits of observation to schools, camps, play centres, etc.

9. THE SERVICES CONCERNED WITH THE PHYSICAL HEALTH AND DEVELOPMENT OF THE SCHOOL CHILD.

The organisation and administration of Physical Training, central and local. The School Medical Service, School Clinics, School Camps, Play Centres, Transport for Organised Games.

10. (FOR STUDENTS WITHOUT DIPLOMA IN EDUCATION OR CERTIFICATE) THEORY OF EDUCATION.

- (a) Psychological and logical Principles underlying the processes of learning and teaching.
- (b) The main subjects of the curriculum of the primary school, the reason for their inclusion and the parts appropriate for the various ages.
- (c) Outline of various new methods of teaching.
- (d) Class management.
- (e) Syllabus making.
- (f) Time-tables.

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Welfare of the Students

HEALTH.

The general health of the students is under the direction of the College Medical Officer ; and in the Hostel, where each student has a separate study bedroom, there is a qualified Matron and an Assistant Matron.

GAMES, ATHLETICS, SWIMMING, FENCING AND BOXING.

Excellent facilities are available for all forms of games and athletics, including cricket, football (Association and Rugby), hockey, tennis and fives.

There is a large swimming bath, and the services of a qualified Swimming Instructor are available.

Voluntary Classes are arranged in Boxing and Fencing under a fully qualified instructor.

SOCIAL.

Various societies to stimulate a corporate spirit are organised. At the City of Leeds Training College there are the following clubs and societies—An Art Club, Photographic Club, Natural History Club, Literary and Debating Societies, Education Society, Musical and Dramatic Societies, and College Orchestra.

LIBRARY.

The City of Leeds Training College has an excellent Library which is open to students of the Carnegie Physical Training College.

DIETARY.

The students are provided with a liberal and varied diet and every care is taken to avoid monotony.



GYMNASIUM

Examinations

The College Diploma in Physical Education will be awarded to all students who are successful at the Final Examination. Graduates without the Diploma in Education or Certificate who also pass the Teacher's Certificate examination, may be recommended to the Board of Education for recognition as Certificated Teachers.

Grants-in-Aid and Loans

A number of Local Education Authorities make grants-in-aid or loans to teachers to enable them to attend the course at the Carnegie Physical Training College. Prospective students are recommended to make inquiries in regard to these from the Local Education Authority in whose area they reside, or by whom they are employed.



THE SWIMMING BATH

Staff

Warden	Mr. E. MAJOR (formerly Chief Organiser of Physical Education, Manchester Education Committee)
Gymnastics, Games and First Aid	..	Mr. M. DIXON (Diploma, Silkeborg Physical Training College)
Gymnastics, Athletics and Hygiene	..	Mr. S. WILSON (Diploma, Dunfermline Physical Training College)
Principles and Methods of Education	..	Mr. M. T. WOODHOUSE, B.A., M.Ed. (Lecturer in Education, City of Leeds Training College)
Speech Training	Mr. G. E. WILKINSON (Lecturer in English, City of Leeds Training College)
Folk Dancing	..	Miss M. M. DUNSTAN (Diploma, Chelsea Physical Training College, Lecturer in Physical Training, City of Leeds Training College)
Swimming	..	Mr. F. BOYD (Swimming Instructor, City of Leeds Training College)
Anatomy	Members of the Staff of the Medical School of the University of Leeds)
Physiology	..	Members of the Staff of the Medical School of the University of Leeds
Medical Officer	Mr. A. G. WILKINSON, M.D.

Application for Admission

Candidates desiring admission to the College should apply on or as soon as possible after the 1st October.

Forms of application for admission to the College may be obtained from the Warden, Carnegie Physical Training College, Beckett Park, Leeds, 6, on receipt of a stamped addressed envelope. Candidates who attend at the College for interview and examination by the College Medical Officer will be required to pay their own expenses. No fee will be charged for the medical examination.

When an offer of a place at the College is made, the candidate must sign the Form of Acceptance and return it with a deposit of £5; the deposit will be credited to fees when the student enters into residence at the College. If a candidate, after accepting the offer of a place, wishes to withdraw for some reason not considered satisfactory to the College Authorities, the deposit will be forfeited.

Students from the Carnegie Physical Training College are teaching in the following Schools and Colleges

Chesterfield Grammar School
Grange High School, Bradford
Dover County High School
Varndean Grammar School, Brighton
Wath-on-Dearne Grammar School, Yorks.
Stand Grammar School, Lancs.
King Edward VI School, Birmingham
Stationers' Company's School, London
King Edward VII School, Lytham
Trowbridge High School
Blue Coat School, Oldham

Beckenham Junior Technical School
King's School, Chester
Haberdashers' Aske's School, London
Cockburn High School, Leeds
Cathays High School, Cardiff
Huish's Grammar School, Taunton.
Rondebosch High School, Capetown, S.A.
Marlborough College
Loughborough College
College of St. Mark and St. John
Accrington Grammar School

And in Senior and Central Schools under the following Education Authorities :

London
Kent
Derbyshire
Buckinghamshire

Sheffield
Sunderland
Nottingham
Barking

Bradford
Southampton
Kettering



End of Queen's Walk

History and Aim of the College

The national need for qualified men teachers of Physical Education was brought to the notice of the Trustees of the Carnegie United Kingdom Trust, who, after discussions with representatives of Schools, Local Education Authorities, and the Board of Education, generously offered to defray the capital cost of building a Physical Training College for Men. Leeds was selected as the most convenient centre for the College, which was opened in 1933.

The College provides a One Year Course of instruction in all branches of Physical Education for graduates of a University, or certificated teachers who desire to specialise in this subject.

The College year begins in September and consists of three terms, each of about 12 weeks' duration.



Entrance to the Grounds

Governors of the College

The Governing Body of the College is the Higher Education and Training College Sub-Committee of the Leeds Education Committee.

The Director of Education for Leeds is the Clerk to the Governors.

Advisory Committee

As the work of the Physical Training College is national in character the Governors have the assistance of an Advisory Committee, constituted as follows

County Alderman Sir PERCY JACKSON, LL.D. (*Chairman*)

Mr. E. M. RICH, F.C.G.I., B.Sc.

Alderman W. N. SMITH, M.A., J.P. (*Durham*) and
County Alderman Sir WILLIAM JENKINS, M.P., J.P.
(*Glamorgan*)

Alderman Sir WM. FORREST, O.B.E., Blackburn

Mr. F. P. ARMITAGE, M.A., Leicester

Alderman CONDER, J.P., Cambridge

Mr. H. D. STRUTHERS, Crewe

Mr. TERRY THOMAS, M.A., LL.B., B.Sc., Ph.D., The
Grammar School, Leeds

Mr. E. T. ENGLAND, M.A., King Edward VI. School,
Birmingham

Mr. J. GOULD, M.A.

Mr. H. N. PENLINGTON, M.A.

Representing

Carnegie Trustees
London County Council

} County Councils' Association

} Association of Municipal Corporations

Head Masters' Conference

Incorporated Association of Head Masters

Incorporated Association of Assistant Masters
in Secondary Schools

National Union of Teachers

Advisory Committee continued

<i>Names</i>	<i>Representing</i>
Councillor W. SOUTHWELL, Keighley	Association of Technical Institutions
Mr. H. SCHOFIELD, M.B.E., Ph.D., B.Sc., A.R.C.Sc., Loughborough College, Leicester	Association of Principals of Technical Institutions
Mr. F. C. CLARKE, B.Sc., A.R.C.Sc., A.M.I.E.E.	Association of Teachers in Technical Institutions
Mr. J. H. HALLAM, M.A., M.Sc. (West Riding)	} Association of Directors and Secretaries of Education
Mr. T. BOYCE, M.A., B.Sc., Bradford	
Mr. A. S. ELLIOTT, Batley	
Professor B. A. McSWINEY, B.A., M.B., B.Ch.	University of Leeds
Lt.-Col. W. J. DOUGLAS, Saltley College, Birmingham	} Training College Association
Professor A. A. COCK, B.A., A.K.C., University of Southampton	
Major G. H. GEM, London	} Specialists in Physical Education
Captain G. J. G. FITZGERALD, Somersetshire	
Mr. H. A. COLE, Sheffield	
Councillor F. BARRACLOUGH, M.A. (Chairman of the Leeds Education Committee)	} Leeds Education Authority
Mr. W. J. BEES, B.Sc., Barrister-at-Law (Director of Educa- tion)	
Mr. R. W. RICH, M.A., Ph.D. (Principal of the City of Leeds Training College)	

The Board of Education is represented at meetings of the Advisory
Committee by Captain W. A. GODDARD, O.B.E., H.M.I.

Site and Accommodation

The College is situated in Beckett Park in a residential part of the City.

The estate, 95 acres in extent, is pleasantly wooded and secluded, and on it is built the City of Leeds Training College, with its eight Halls of Residence.

The Carnegie Physical Training College has accommodation for 60 resident students. The residential block contains 60 Study Bedrooms, a Common Room, Dining-hall, Library, and Lounge. Linked to this building there are Teaching-rooms and a thoroughly up-to-date Gymnasium.

Corner of Tennis Ground





STUDY BEDROOM

Admission and Fees

Candidates for admission to the One Year Course must be British subjects ordinarily resident in England or Wales, and be—

- (a) Graduates of a British University who have not taken a diploma course in education, or
- (b) Trained certificated teachers who wish to take the physical training course as a third year of training, either continuous or deferred, or
- (c) Certificated teachers, not college trained.

The fee for the above students who sign, or have signed, the usual Declaration of intention to teach will be £50 a year for tuition, residence, and ordinary medical attendance. An allowance will be made for laundry.

NOTE—Applications will be considered from the following candidates, but as no Government grants will be payable to the Physical Training College on their behalf, it will be necessary to charge them the full cost of the training, viz. £100—

- (i) Students who have already had a third year of training, continuous or deferred, but not in physical education ;
- (ii) Men who have taken a three years' course in preparation for a degree and the Board of Education Teaching Certificate ;
- (iii) Graduates who have already had four years' training under the regulations for the Training of Teachers.